



Network Navigation Resources

Find a Provider in Our Network

Network Guides

We understand the importance of finding the healthcare provider to best meet the needs of you and your family. We are offering team members a resource - Network Guides - to help navigate our FMOLHS customized network. Whether it be our narrow EPO network or our PPO Tier 1 or Tier 2 network, our Network Guides can help you find a provider, assist with scheduling an appointment with network Primary Care Physicians, and check availability of a specialty service within our network.

To access our Network Guides, simply call 855-875-6265. You will then be prompted to select a Network Guide for either our Louisiana or Mississippi network. Our Network Guides are available in most locations 7 days a week, 24 hours a day.

Customized Provider Directory

Current plan members can see the most current list of FMOLHS (Tier 1) or Preferred Provider Network (Tier 2) online by visiting myhealthtoolkitLa.com/links/fmolhs or by calling Blue Cross Blue Shield Customer Service at 833-468-3594.