
FMOL Health | Our Lady of Lourdes Physician Group

BARIATRIC SUPPORT GROUP

Our support group for weight loss surgery patients provides an encouraging and educational community where they feel comfortable sharing individual experiences with others on the same journey. Each gathering features discussions on dietary changes, meal planning, exercise and fitness, goal setting, recipe swaps and other topics.

WE LOOK FORWARD TO SEEING YOU IN 2026!

Meetings are held 5:30 to 7 PM on the following dates:

- January 28
- February 25
- March 25
- April 29
- May 27
- June 24
- July 29
- August 26
- September 30
- October 28
- November 18
- December 16

Discover more by calling Taylor Hoffpauir, MS, RDN, LDN, registered dietitian, at **(337) 470-3127** or **Taylor.Till@fmolhs.org**.

Our Lady of Lourdes Physician Group Bariatrics

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